

Masonicare's Community Services Team can host an educational program at your lodge or chapter meeting. The following is a list of the wonderful programs available:

- The History of Masonicare
- The Masonic Family and Masonicare
- Stress Management
- Guided Meditation
- Reiki 101
- Spiritual Well-being
- Ethics in Long term Care
- Finding Benefits for Seniors
- Medicare 101
- Navigating a Continuum of Care







\*\*To book a program with us, please call Haley McCarthy at (203) 679-6906.